## **Abstract**

A connection element (1) comprises a base plate (4) and two side walls (5, 6). The cross-section of the side walls (5, 6) is curved several times. The side walls (5, 6) have a first cushioning zone (7, 8) and a second cushioning zone (9, 10). This design enables the free ends (28, 29) of the side walls (5, 6) to be cushioned both parallel and perpendicularly to the base plate (4). The claimed connection element (1) is suitable for connecting the ends of metallic or plastic hollow sections.